

# Top tips for virtual meetings and events

# HORIZONS

Slide deck 1 – Benefits & functionality



*Almost all forms of meeting and interaction can be moved to a virtual format with no loss of effectiveness, if trust and good relationships are established and sustained.*

Joe Nandhakumar and Richard Baskerville

[Trusting Online: Nurturing Trust in Virtual Teams](#)



# Why connect virtually?

Involve any size of group from two people to ten thousand people

Highly interactive:

- Everyone can see each other
- Share screens, papers, content slides, project management boards and videos
- Share chat
- Take polls
- Collaborate on virtual whiteboards
- Work in small groups in virtual breakout rooms



**It can be a powerful way for patients and families to engage**

*"I much prefer these [virtual] sessions than going to a meeting. It's so easy to just click in.... Going to a meeting in a healthcare building can be intimidating. This way there are no walls or barriers. I feel I can contribute like everyone else and I can see everyone. I get involved a lot."*  
Carol Munt, Patient Leader



89% of all adults are now online and 75% of them have at least one social media account

*Source: Adults Media Use and Attitudes Report, 2018*

# The Benefits of Virtual Collaboration

Build relationships, connections & trust.



We can work with other teams across the country.

Better than the phone and other traditional communication methods.

Expand your horizons



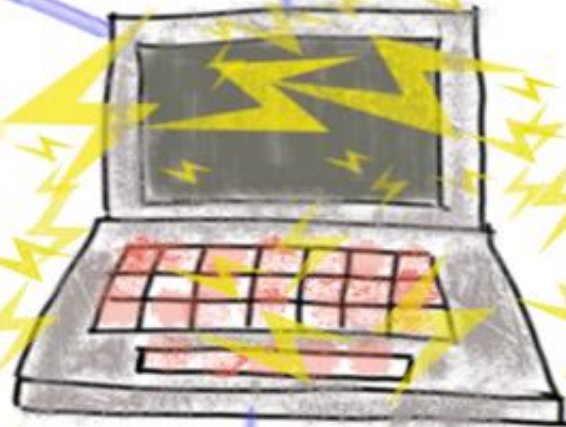
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- Build a spectrum of allies.
- Learn different perspectives
- Build psychological safety - the courage to try new things.



Connect 24/7.

Collaborating virtually means that I can connect and share day or night, irrespective of my shift pattern.



Reduces travel time and costs - and abstraction.



Communicate + achieve results

**FASTER**





Microsoft Teams

BT Conferencing

Video Conferencing



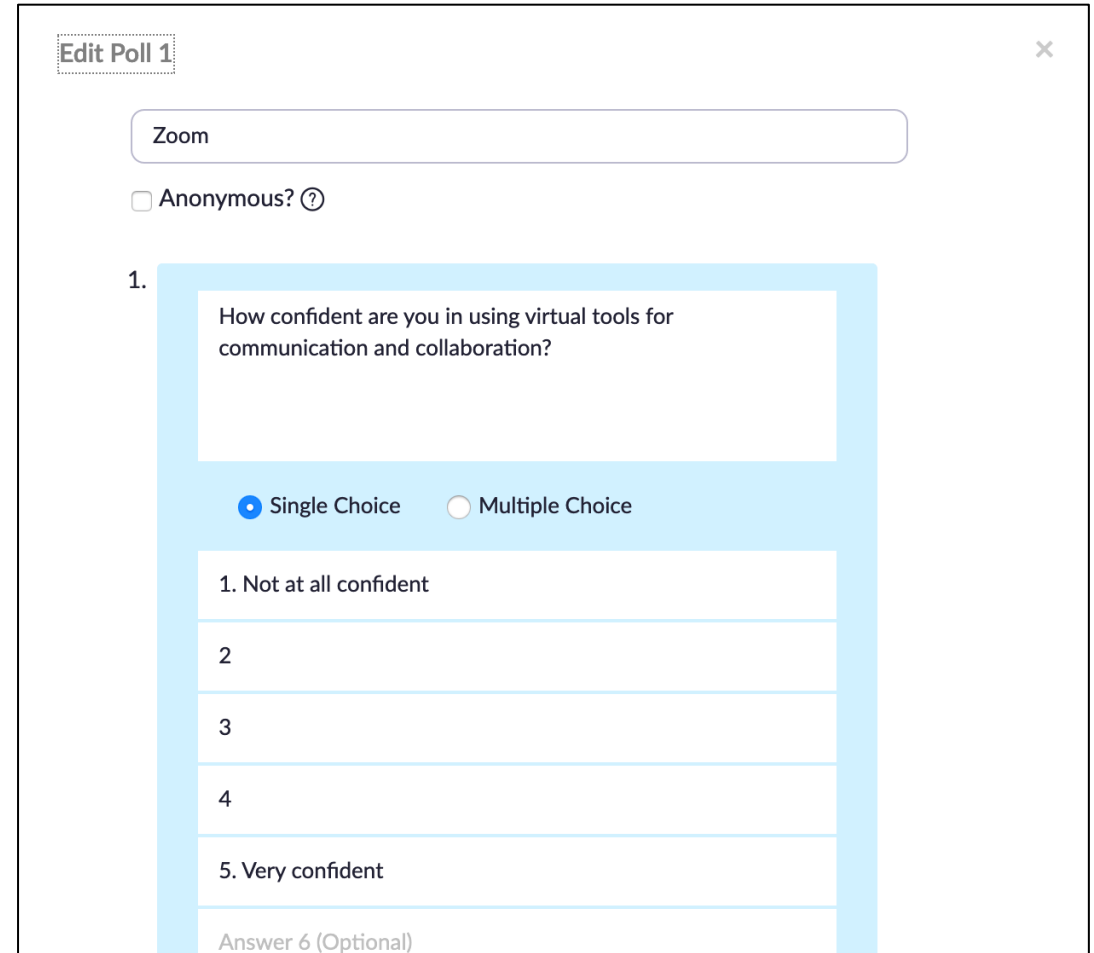
There are numerous platforms for virtual meetings

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NHSEI are currently using Webex, Zoom & MS Teams

# Polls

- The polling functionality can increase engagement and energy in your session.



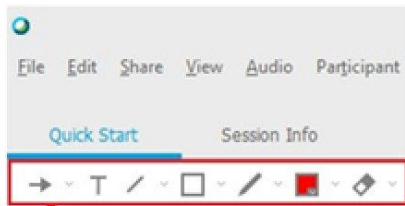
The screenshot shows a 'Zoom' poll editor window titled 'Edit Poll 1'. It features a text input field containing the word 'Zoom'. Below this is a checkbox labeled 'Anonymous?' with a help icon. The main content area is numbered '1.' and contains a question: 'How confident are you in using virtual tools for communication and collaboration?'. Below the question are two radio button options: 'Single Choice' (selected) and 'Multiple Choice'. A list of five response options is provided: '1. Not at all confident', '2', '3', '4', and '5. Very confident'. At the bottom of the editor, there is a text input field with the placeholder text 'Answer 6 (Optional)'.

# Annotation tools

Where are you joining from today?



gemma dexter



The annotation toolbar can be found in the top left hand corner of the WebEx screen. Please click on the arrow icon on the far left to annotate the slide.





# Breakout Rooms

Breakout room functionality enables smaller group conversations...

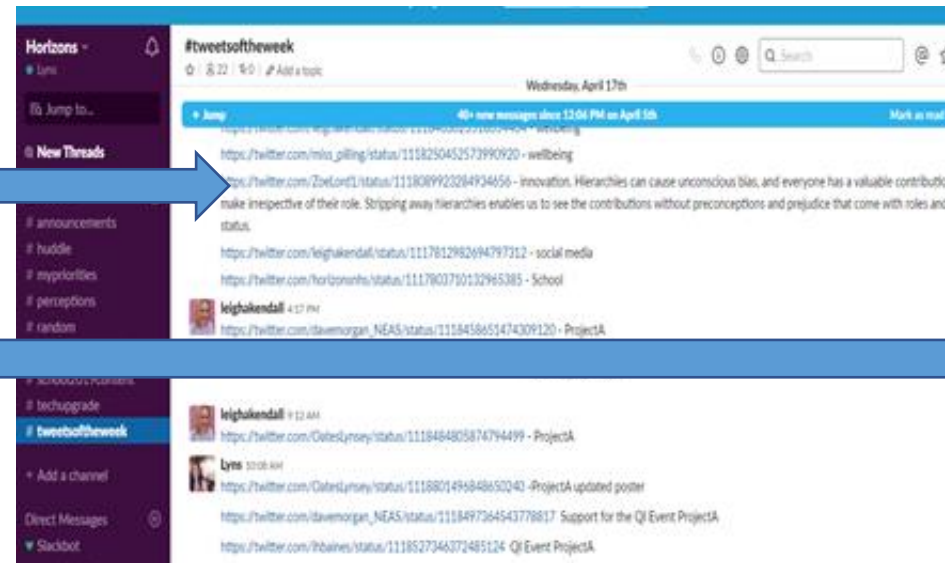


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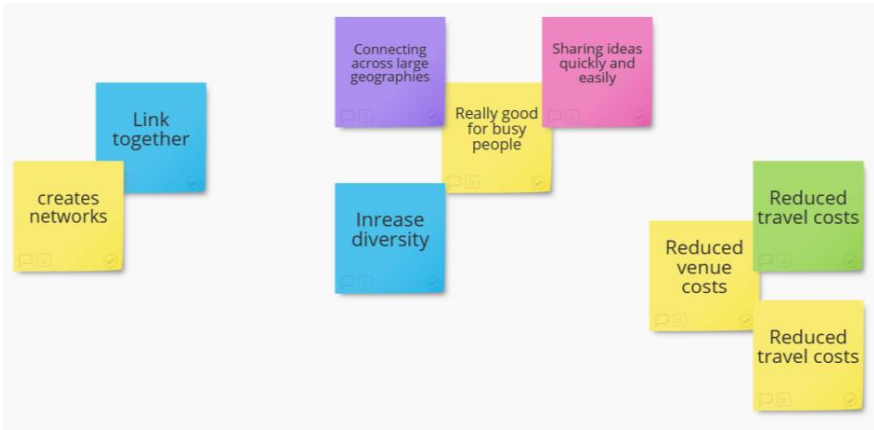
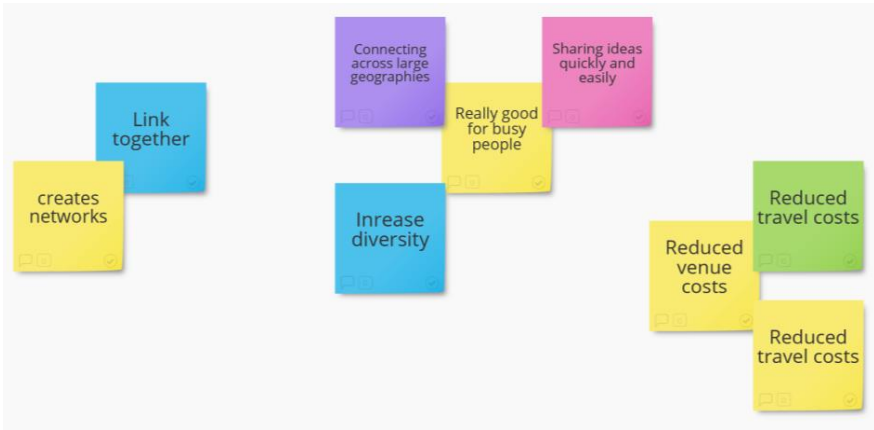
The Horizons team use multiple virtual collaboration tools.

Some examples:

- Trello: agile project management board
- Stormboard: a virtual interactive notice board
- Slack: comms tool
- Basecamp for project management



HORIZONS



# Using post it notes online

Virtual Brainstorming using Stormboard



## To Do

### To Do

- Pledge - Develop wellbeing pledge – scan for models already out there that could be used as a base (\*\*)

### To Do

- PTSD - Contact and connect with Jenifer Wilde re potential for PTSD Ambulance Research (\*\*)

### To Do

- Newsletter - Build outcomes of improvement collaborative into newsletter to be issued week commencing 01/04 (\*\*)

### To Do

- Outcomes/Branding - Include outcomes of #ProjectA Wellbeing work on wider communication re phase 2 and use of #ProjectA branding

+ Add another card

## Doing

### Doing

- AACE Update - Pull progress report together for AACE council 07/04

### Doing

- Workshop Report - Issue Wellbeing Accelerated Design Event Report to participants (\*\*)

### Doing

- Connecting - Link into AACE HROD group and wider re issues of wellbeing (note Carter – clinical supervision) (\*\*)

### Doing

- Blog - Blog re the outcome of the improvement collaborative event. (\*\*)

+ Add another card

## Done

### Done

- Workshop – Deliver improvement collaborative workshop (5th March)

### Done

- CEO update - Discuss outcomes of Improvement collaborative workshop with sponsoring CEOs and AACE

### Done

- Action Plan - Pull actions from workshop into the overall 'phase 2' of #ProjectA

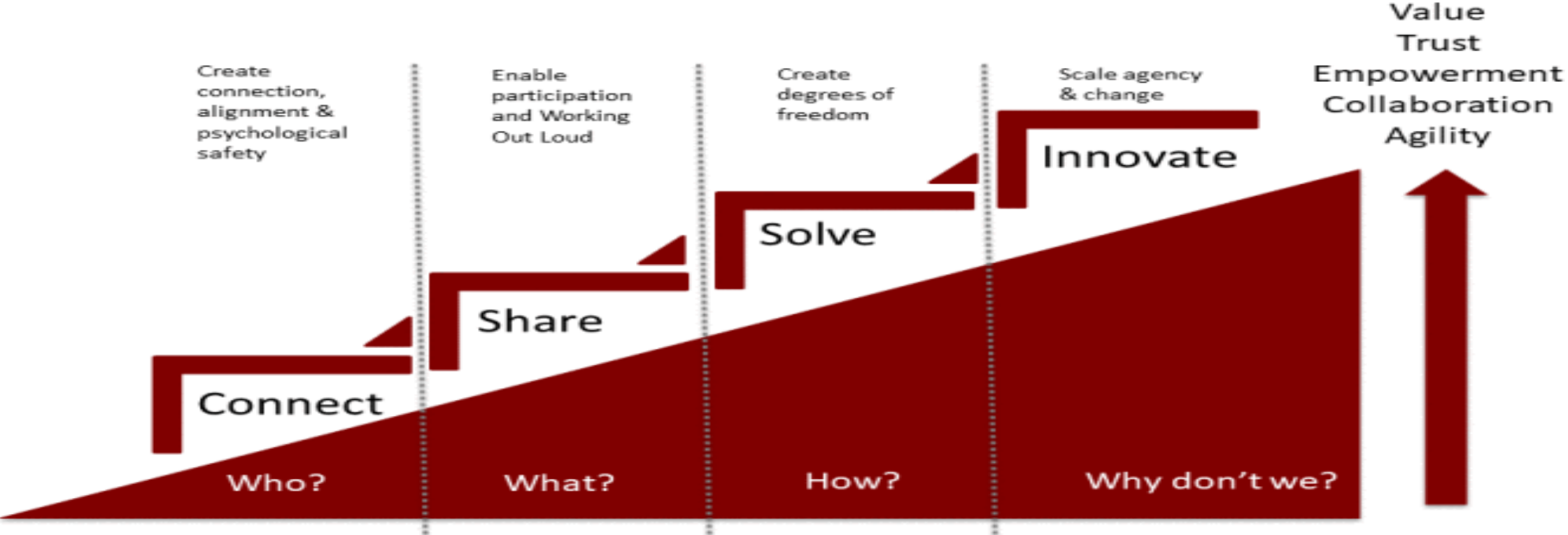
+ Add another card

## Additional Ideas

+ Add a card

Live use of Trello as a tool for project management and planning

There are stages of maturity in a virtual community – start with the basics and advance with the technology at the speed of your audience.



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Twitter: #VirtualCollaborate @HorizonsNHS

This pack has been brought to you by the NHS  
[Horizons team.](#)

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